

# **Doncaster Masters' Athletics Venue Best Performances**

**Current as of 20 February 2020**

## Rules for inclusion in the Venue Best Performances List.

1. The event must be run at the Doncaster track.
2. The event must be run by VMA Doncaster as part of normal weekly venue meeting.
3. A minimum of two timekeepers are required. All times recorded on results sheet.
4. The individual must be a current paid up member of VMA.
5. The time will be included in the age group based on the age of the runner at the date the performance was set.
6. Runners are required to send an advice of a new venue best performance to the Doncaster Venue Secretary. Information required is name, age, event, time and date and names of two timekeepers.
7. Historic performances have been collated from documents held by Doncaster Venue (either VMA or VVA) and "Around The Grounds".
8. These are the best recorded performances for an age group event at a Doncaster Masters' venue meeting, but are not strictly speaking 'records' as the venue does not have electronic timing nor wind meters and voluntary timekeepers whose judging and timekeeping abilities will vary.

Age graded percentages are as follows -

100% = Approximate World Record Level

90-99% = World Class

80-89% = National Class

70-79% = Regional Class

60-69% = Local Class

Percentages based on WMA factors tables as of 2006. Note not all distances in these performances are covered in the WMA tables thus they maybe derived by formulas from standard distances.

Performances highlighted in red indicate best age graded performance for that event across all age groups.









**DMA - Women's Venue Bests  
1996 - 2018**

Age Group	2KM	3KM	3200M	4KM	5KM
<b>W30</b>	A.FORTINGTON (30/5/11) 7:40.9      70.08%	A.FORTINGTON (5/9/11) 12:03.4    69.58%			
<b>W35</b>	L.GORE (27/11/00) 7:56.1      69.42%	L.GORE (4/12/00) 11:56.0    70.93%		T.LYNCH (20/11/96) 16:51.0    68.33%	L.GORE (29/1/01) 20:55.0    69.63%
<b>W40</b>	S.HIGGINS (9/4/01) 7:54.0      72.83%	L.JAMIESON (27/5/98) 12:18.0    73.63%	L.JAMIESON (22/10/97) 13:39.0    75.18%	L.JAMIESON (5/11/97) 17:05.0    70.65%	K. GAWTHORN (7/5/18) 26:24.2    57.12%
<b>W45</b>	L.JAMIESON (30/7/01) 8:26.0      72.39%	K. PHILIP (25/8/08) 12:41.0    73.23%	E.GROVER (27/05/12) 14:18.6    74.19%	L.JAMIESON (28/6/99) 16:41.0    75.57%	E.GROVER (11/06/12) 22:59.0    69.30%
<b>W50</b>	P.TROWBRIDGE (22/11/99) 7:44.0      84.10%	P.TROWBRIDGE (15/11/99) 11:38.0    84.13%	K.PHILIP (28/01/13) 17:16.0    64.86%	C.GRIFFITHS (16/7/97) 24:54.0    53.49%	
<b>W55</b>	E. GROVER (12/11/18) 9:02.3      76.98%	E. GROVER (25/02/19) 14:05.0    71.47%		M.PETROFF (20/3/00) 23:23.0    58.92%	
<b>W60</b>	H. STANLEY (04/03/19) 9:33.8      78.22%				
<b>W65</b>	J. JAMES (27/10/14) 10:56.9    73.87%				R.BARKER (22/4/98) 23:00.4    87.52%
<b>W70</b>	M.DELHEIM (10/2/99) 13:38.0    64.57%				
<b>W75</b>	L. PETRIE (01/10/18) 10:41.5    90.32%	L. PETRIE (08/10/18) 15:45.6    94.71%			
<b>W80</b>					
<b>W85</b>					



**DMA - Men's Venue Bests  
1996 - 2018**

Age Group	60M		70M		80M		80M Hurdles		90M		100M		100M Hurdles	
<b>M30</b>	L. YANG (30/04/2018) 8.36   76.44%		C.QUILTY (10/3/99) 8.7   83.22%		C.QUILTY (17/3/99) C.QUILTY (12/5/99) 10.0   80.90%						C.QUILTY (5/5/99) C.QUILTY (30/6/99) 12.3   79.59%			
<b>M35</b>	G.CROLE (30/9/98) 7.2   89.93%		F.CORSELLO (15/10/97) G.CROLE (15/10/97) 8.5   86.31%		F.CORSELLO (8/10/97) G.CROLE (7/1/98) 9.6   85.39%				N.MAGHAMEZ (2005) 11.7   77.42%		G.CROLE (23/9/98) 11.6   85.52%			
<b>M40</b>	I.MARCHESI (3/9/01) 7.3   88.79%		G.BAILEY (14/10/98) G.BAILEY (10/2/99) 8.9   82.51%		G.BAILEY (13/1/99) S. CHAMBERLAIN (2005) 10.0   82.06%				C.QUILTY (19/1/04) 11.2   80.96%		I.MARCHESI (11/9/00) 11.7   84.87%			
<b>M45</b>	J.DE ANGELIS (6/12/04) 7.6   92.07%		P.ROSEVEAR (18/6/97) 9.2   86.17%		A.SINCLAIR (31/1/00) M.CRAWFORD (22/11/04, 4/10/04)) 10.2   86.85%				M. CRAWFORD (2005) I.CORNIELSE (5/4/04) 11.7   83.67%		M. CRAWFORD (2005) 12.0   89.33%			
<b>M50</b>	P.ROSEVEAR (2/6/03) 7.7   92.23%		A.SINCLAIR (21/8/00) P.ROSEVEAR (21/8/00) 9.2   87.46%		L DE BIASI (22/02/16) 9.8   91.74%				K.BATES (2/8/10) 11.5   86.39%		K.MOYLE (23/9/02) 12.3   88.46%			
<b>M55</b>	R. TREMBATH (30/9/98) 7.7   95.79%		R.TREMBATH (21/5/97) 9.8   85.27%		P. ROSEVEAR (4/10/04) 10.3   90.66%				P.ROSEVEAR (11/10/04) 11.8   87.45%		K.HOWDEN (30/9/02) 12.3   91.87%			
<b>M60</b>	P.ROSEVEAR (10/5/10) 8.0   95.46%		P.ROSEVEAR (31/8/09) D. MCCONNELL (10/02/14) 9.5   91.08%		G.FORD (25/4/11) D. MCCONNELL (26/08/13) 10.6   91.21%				D. MCCONNELL (9/12/13) 12.12   88.15%		R.KENT (16/9/02) 12.8   91.41%		G. CHAMPION (19/03/18) 21.30   67.46%	
<b>M65</b>	K. BRUCE (6/02/17) 8.51   94.57%		C.MATTHEWS (22/9/03) 9.9   92.11%		P. ROSEVEAR (27/10/14) 10.7   95.22%		R. TREMBATH (19/8/07) 13.4		C.MATTHEWS (19/1/04) 12.9   87.28%		K. BRUCE (19/03/18) 13.48   91.47%		D. MCCONNELL (11/02/19) 19.82   76.69%	
<b>M70</b>	C. MATTHEWS (2007) 8.7   95.81%		C.SCARFF (20/11/96) 10.0   94.44%		C. MATTHEWS (2007) 11.8   89.43%				R.TREMBATH (08/10/12) 14.0   83.29%		C.SCARFF (6/11/96) 14.3   89.30%			
<b>M75</b>	D.ORR (30/9/98) 10.7   82.29%		D.ORR (5/8/98) 13.0   76.74%		L. COFFEY (2006) 12.4   89.90%				J. AUGHEY (30/06/14) 16.4   75.11%		L.COFFEY (2006) H.SINGH (06/02/12) 16.0   84.31%			
<b>M80</b>	J. AUGHEY (08/10/18) 11.63   80.54%		D.HIGGS (29/6/09) 15.4   68.91%		J. AUGHEY (27/08/18) 15.41   76.95%						J. AUGHEY(12/02/18) 18.76   76.49%			
<b>M85</b>	D. MCLEAN (25/02/19) 11.82   83.27%				D. MCLEAN (22/04/19) 15.62   79.78%						D. MCLEAN (01/04/19) 19.55   77.14%			

**DMA - Men's Venue Bests  
1996 - 2018**

Age Group	110M		120M		150M		200M		250M		300M	
<b>M30</b>	A. PAIGE (16.05.16) 14.30   75.29%		L. YANG (07/05/2018) 15.86   74.05%		C. CHARTER (10/3/08) 19.5   75.26%		C.QUILTY (14/4/99) 25.9   75.52%				G.PERRIN (15/10/97) 40.8   74.24%	
<b>M35</b>	F.CORSELLO (4/11/98) 13.6   80.43%		M. SCHOLES (17/3/08) 14.9   80.26%		C.QUILTY (30/4/01) 18.8   79.87%		G.CROLE (30/9/98) 24.2   83.10%		C.QUILTY (22/1/01) 32.9   78.42%		G.CROLE (3/3/99) 38.5   81.79%	
<b>M40</b>	I.MARCHESI (23/10/00) 13.5   81.49%		C.QUILTY (7/6/04) 14.9   81.02%		C.QUILTY (19/7/04) C.QUILTY (26/7/04) 18.9   80.87%		I.MARCHESI (11/9/00) 24.4   84.59%		S. CHAMBERLAIN (2005) 34.5   77.28%		I.MARCHESI (14/5/01) 38.2   85.55%	
<b>M45</b>	P.ROSEVEAR (4/11/98) 14.4   82.14%		M. CRAWFORD (2005) M. CRAWFORD (2006) 15.0   86.24%		M. CRAWFORD (19/7/04) 18.8   86.49%		G.MOWAT (14/1/98) 25.1   86.85%		A.SINCLAIR (28/6/99) 32.9   84.62%		G.MOWAT (3/12/97) 39.3   86.21%	
<b>M50</b>	K.HOWDEN (16/6/99) P.ROSEVEAR (21/4/03) 14.0   85.97%		K.BATES (14/6/10) 15.3   86.22%		A.SINCLAIR (1/10/01) A.SINCLAIR (25/2/02) 19.2   86.77%		K.HOWDEN (8/7/98) 24.9   90.12%		A.SINCLAIR (22/1/01) 33.9   84.84%		A.SINCLAIR (28/2/00) A.SINCLAIR (18/9/00) 39.8   88.14%	
<b>M55</b>	P.ROSEVEAR (2/3/09) 14.8   84.42%		R. KERRIDGE (2005) 15.2   90.05%		R.KENT (13/12/99) R.TREMBATH (1/10/01) 19.5   88.56%		K.HOWDEN (30/9/02) 25.4   91.50%		R. KERRIDGE (23/2/04) 34.5   86.25%		R.KENT (27/8/97) 41.3   87.82%	
<b>M60</b>	D. MCCONNELL (15/07/13) 14.3   90.42%		P.ROSEVEAR (12/4/10) 15.5   91.35%		R. TREMBATH (18/11/02) 19.8   90.15%		R. TREMBATH (6/1/03) 26.4   90.91%		D.MCCONNELL (22/4/13) 34.4   89.35%		D. MCCONNELL (24/02/14) 43.1   86.94%	
<b>M65</b>	C. MATTHEWS (1/9/03) 15.6   86.94%		K. BRUCE (5/02/18) 16.3   90.76%		P. ROSEVEAR (27/10/2014) 21.12   87.55%		K. BRUCE (20/03/17) 28.12   87.66%		D.MCCONNELL (29/01/18) 36.2   88.04%		R. TREMBATH (4/6/07) 45.2   86.48%	
<b>M70</b>	C.SCARFF (13/11/96) 16.5   85.70%		C. MATTHEWS (2007) 17.9   86.65%		C. MATTHEWS (2007) 22.2   88.38%		C. MATTHEWS (2007) 31.3   84.57%		C. MATTHEWS (2007) 42.2   81.03%		R. TREMBATH (30/07/12) 50.6   82.85%	
<b>M75</b>	J. AUGHEY (07/07/14) 20.0   74.57%		J. AUGHEY (9/6/14) 21.8   74.94%		L. COFFEY (2006) 24.2   85.17%		T. LEONG (19/12/16) 34.98   79.27%		J. AUGHEY (13/05/13) 47.9   76.70%		H.SINGH (06/02/12) 53.7   85.20%	
<b>M80</b>			J. AUGHEY (7/5/18) 22.63   76.84%		J. AUGHEY (28/05/18) 28.49   77.03%		J. AUGHEY (11/12/18) 40.26   73.37%		J. AUGHEY (10/09/18) 53.44   75.05%		J. AUGHEY (09/04/2018) 66.8   75.81%	
<b>M85</b>			L. COFFEY (3/3/15) 21.3   86.39%		D. MCLEAN (22/04/19) 30.56   76.52%		L. COFFEY (3/3/15) 39.6   80.03%					

**DMA - Men's Venue Bests  
1996 - 2018**

Age Group	300M Hurdles	350M	400M	400M Hurdles	500M	600M
<b>M30</b>			G.PERRIN (19/11/97) 55.4   78.50%		C.QUILTY (12/5/99) 83.6   69.25%	A. PAIGE (2/04/18) 1:37.3   74.32%
<b>M35</b>	B.STAGGARD (7/12/09) 50.5		G.CROLE (7/1/98) 54.8   81.28%	B.STAGGARD (22/2/10) 75.5   65.59%	G.CROLE (7/6/99) 75   78.99%	G.ADRIEN (19/5/99) 1:34.0   78.67%
<b>M40</b>	S. CHAMBERLAIN (21/2/05) 47.6	S. CHAMBERLAIN (6/4/09) 52.2   77.10%	D. FEATHERSTON (13/4/15) 55.9   85.53%		M.SCHOLLES (30/12/13) 71   88.55%	D.HECKER (22/11/10) 1:31.0   86.74%
<b>M45</b>	M. CRAWFORD (21/2/05) 48.3		G.MOWAT (19/11/97) 55.5   88.45%		A.SINCLAIR (12/5/99) 76.7   83.81%	C.PAGE (21/5/01) 1:32.2   86.20%
<b>M50</b>	G. CHAMPION (2006) 50.8	A.KEEGHAN (6/4/09) 51.2   83.80%	A.SINCLAIR (13/3/00) 55.0   92.24%	G.CHAMPION (8/3/10) 89.3   65.36%	I.MCLEOD (16/6/99) 78.4   86.36%	A.GIBSON (21/5/01) 1:35.8   88.40%
<b>M55</b>	R.TREMBATH (5/3/01) 46.9	J.BROWNE (6/4/09) 55.6   79.60%	R.KENT (13/3/00) 58.0   90.07%	R.TREMBATH (3/2/99) 65.8   90.82%	R. TREMBATH (16/6/99) 76.8   91.03%	D.NOBBBS(2/4/97) 1:41.9   85.95%
<b>M60</b>	R. TREMBATH (2006) 47.8   88.51%		R. TREMBATH (20/1/03) 59.8   90.10%		G.FORD (7/11/11) 88.2   82.26%	D.NOBBBS (17/3/03) 1:40.3   90.95%
<b>M65</b>	R.TREMBATH (19/8/07) 48.8   89.92%	R.TREMBATH (6/4/09) 58.2   81.77%	R. TREMBATH (13/8/07) 63.3   88.61%		R. TREMBATH (02/01/12) 92.2   82.05%	R.TREMBATH (18/6/07) 1:46.7   89.23%
<b>M70</b>			R. TREMBATH (15/10/12) 70.3   84.41%		R. TREMBATH (22/10/12) 94.8   83.90%	R.TREMBATH (26/8/13) 2:05.4   79.53%
<b>M75</b>			R. TREMBATH (18/03/19) 82.7   75.45%		R. TREMBATH (22/07/19) 117.58   71.82%	R.TREMBATH (22/10/18) 2:23.4   74.27%
<b>M80</b>			D. MCLEAN (11/01/16) 84.3   83.05%		J. AUGHEY (23/04/18) 134.3   70.73%	D. MCLEAN (3/03/15) 3:03.8   65.28%
<b>M85</b>						



**DMA - Men's Venue Bests  
1996 - 2018**

Age Group	1MILE	2KM	3KM	3200M	4KM	5KM
<b>M30</b>	V.SERCIA (28/10/98) 5:19.0      70.33%	G.PERRIN (5/11/97) 7:29.0      63.57%	M.MINKLIS (9/4/97) 11:28.0    64.46%	D.EGAN (28/01/13) 15:48.0    53.52%		
<b>M35</b>	G.CROLE (7/4/99) 5:29.1      70.31%	G.CROLE (20/1/99) 7:22.0      66.31%	S. GRUND (28/01/19) 9:56.4      75.29%		W.IRWIN (5/5/99) 14:14.0    71.58%	A. GOTTLIEB (7/5/18) 24:53.6    51.79%
<b>M40</b>	T.LANGELAAN (16/11/09) 5:36.1      70.79%	D.O'CONNOR (9/8/10) 6:37.3      76.56%	T.LANGELAAN (14/9/09) 10:06.3    76.32%		T.LANGELAAN (9/8/10) 13:53.5    74.96%	G.WHEELER (28/1/98) 17:43.0    74.02%
<b>M45</b>	R. SCHWERKOLT (23/3/15) 4:46.2      89.47%	T.LANGELAAN (12/12/11) 6:31.4      80.77%	R. MCDONALD (27/05/13) 11:14.8    73.44%	A.SINCLAIR (17/9/97) 12:35.0    75.39%	G.CLAIDEN (28/6/99) 15:41.0    72.22%	S.DEFANIS (9/4/97) 18:54.0    76.16%
<b>M50</b>	P.BENCE (13/3/00) 5:53.0      75.08%	G.KIPP (18/6/97) 6:25.0      85.47%	L. GOODMAN (22/01/18) 10:39.0    81.56%	G.KIPP (13/8/97) 10:56.0    90.78%	G.PHILPOTT (18/6/97) 15:05.0    78.13%	T.KEEGHAN (13/7/09) 20:59.7    70.88%
<b>M55</b>	F.PROWSE (18/1/10) 5:34.3      82.27%	F. PROWSE (25/10/10) 6:57.5      82.18%	F. PROWSE (10/12/07) 10:50.2    82.56%	F.PROWSE (1/11/10) 11:43.9    87.42%	F.PROWSE (15/11/10) 14:50.8    82.31%	F.PROWSE (11/10/10) 19:25.5    79.77%
<b>M60</b>	C. PAGE (23/3/15) 5:52.1      82.88%	F. PROWSE (8/4/13) 7:31.9      79.31%	F. PROWSE (10/06/13) 10:54.7    86.98%	F.PROWSE (28/01/13) 12:39.0    85.65%	F. PROWSE (14/01/13) 16:05.1    79.89%	F. PROWSE (27/05/13) 21:27.0    75.57%
<b>M65</b>	C. WILLIAMS (23/3/15) 6:43.1      73.53%	R.TREMBATH (12/9/11) 8:48.7      70.95%	H.THOMAS (31/3/08) 10:54.7    89.72%			
<b>M70</b>		H.THOMAS (20/8/12) 12:22.1    53.49%	K. SOLOMON (13/08/18) 12:17.3    87.13%			
<b>M75</b>		H. THOMAS 13:34.2    53.03%				
<b>M80</b>					A.BURGOYNE (4/6/97) 23:51.0    69.59%	
<b>M85</b>						

60 Minutes records  
2003 - 2017

Age Group	Men	Women
M30		Kym. OSMOND (28/09/15) 14,111
M35	Shane Draper (24/9/12) 15,621	Julie. NORNEY (24/09/07) 14,674
M40	David O'Connor (27/9/10) 15,967	Julie. NORNEY (26/09/11) 15,101
M45	Robert Schwerkolt (26/9/11) 17,621	Julie. NORNEY (28/09/15) 15,421
M50	Bert Pelgrim (27/9/10) 16,207	Stacey VAN DUEREN (27/09/10) 15,142
M55	Bert Pelgrim (26/9/11) 15,857	Bronwen CARDY (24/09/07) 15,323
M60	John Graham (24/9/12) 14,400	Bronwen CARDY (28/09/15) 14,109
M65	Ted Paulin (27/9/04) 14,877	Lavinia PETRIE (26/09/11) 13,640
M70	Ted Paulin (29/9/08) 13,659	Lavinia PETRIE (13/09/13) 13,044
M75	Bob Lewis (29/09/03) 13,038	Lavinia PETRIE (24/09/18) 12,218
M80	Bob Lewis (29/09/08) 10,850	Margaret PROWSE (27/09/04) 5,840
M85		Margaret PROWSE (24/09/07) 6,469
M90		

**Walks**

M30		
M35		
M40	Pramesh Prasad (25/09/17) 12,036	
M45	Shaun Wright (24/09/18) 5,393	Kylie Irshad (24/09/18) 4,391
M50		
M55	Albin Hess (25/09/17) 9,321	Donna-Marie Elms (24/09/18) 9,229
M60	Paul Moritz (23/09/19) 8,327	
M65	Frank Prowse (25/09/17) 9,568	
M70	Andrew Jamieson (23/09/19) 10,423	
M75		
M80		
M85		
M90		

Mens Walks Records  
1996 - 2018

Age Group	400M	600M	800M	1/2 Mile	1KM	1200M
M30						
M35						
M40						
M45	S. WRIGHT (26/08/19) 3.31.0		S. WRIGHT (22/07/19) 6:30.9 46.43%			
M50			S. WRIGHT (03/02/20) 6:29.5 47.37%			A. JAMIESON (23/08/99) 5:07.0 94.44%
M55			S. EVANS (11/02/19) 4:04.0 78.28%			S. EVANS (04/03/19) 6:37.3 75.55%
M60			F. PROWSE (12/12/16) 4:14.2 78.20%		F. PROWSE (28/11/16) 5:24.4 78.78%	F. PROWSE (19/12/16) 5:55.1 87.97%
M65		F. PROWSE (2/04/18) 3.37.83	F. PROWSE (10/12/18) 4:13.3 84.67%	F. PROWSE (05/02/18) 4:22.5 81.70%	F. PROWSE (09/01/17) 5:35.7 82.14%	F. PROWSE (03/12/18) 6:44.5 83.31%
M70						R. DICKINSON 11:10.7 53.61%
M75						
M80						
M85						

Mens Walks Records  
1996 - 2018

Age Group	1500M		1600M		1MILE		2KM		3KM	
M30										
M35										
M40										
M45	C. RIDDOCH (02/06/99) 6:38.0    91.21%								C. RIDDOCH (02/06/99) 14:58.0    80.85%	
M50	A. JAMIESON (13/09/99) 6:21.0    96.85%		A. JAMIESON (08/07/98) 7:57.0    83.81%		A. JAMIESON (19/07/99) 6:56.0    96.09%		A. JAMIESON (13/05/98) 8:55.0    91.96%		A. JAMIESON (31/03/99) 13:07.6    93.70%	
M55									G. WALTER (9/06/14) 21:48.0    58.41%	
M60	F. PROWSE (21/11/16) 8:20.1    79.50%		F. PROWSE (3/10/16) 9:18.9    77.06%				F. PROWSE (24/10/16) 11:20.0    77.95%		F. PROWSE (05/12/16) 17:20.7    76.40%	
M65	F. PROWSE (16/10/17) 8:35.1    83.27%		F. PROWSE (04/09/17) 9:01.8    85.76%		F. PROWSE (28/05/18) 9:05.7    85.15%		F. PROWSE (13/11/17) 11:21.7    83.89%		F. PROWSE (14/08/17) 17:43.3    80.68%	
M70										
M75										
M80										
M85										



Mens Walks Records  
1996 - 2018

Age Group	3200M		4KM		5KM	
M30						
M35						
M40						
M45						
M50			A. JAMIESON (15/07/98) 18:27.0	97.37%	A. JAMIESON (07/06/99) 22:17.9	105.97%
M55						
M60						
M65	F. PROWSE (12/03/18) 18:58.2	82.23%				
M70						
M75						
M80						
M85						

Women's Walks  
1996-2018

Age Group	600M	800M	1/2 Mile	1KM	1200M
M30					
M35					
M40	L. MCLENNAN (30/07/18) 3:17.4	L. MCLENNAN (10/12/18) 4:38.3 71.84%		K. GAWTHORN (14/11/16) 6:31.9 65.59%	
M45		P. SHAW (7/5/18) 6:31.9 53.42%			
M50					
M55					
M60					
M65					
M70					
M75		C. AUGHEY (03/12/18) 6:22.6 78.70%			
M80					
M85					

Women's Walks  
1996-2018

M90									
M90		M. MIHALOPOULOS (04/02/19)			M. MIHALOPOULOS (25/02/19)		M. MIHALOPOULOS (04/03/19)		
		8:15.2			10:53.8		13:30.7		

Women's Walks  
1996-2018

Age Group	1500M	1600M	1MILE	2KM WOMEN	3KM WOMEN
M30					
M35					
M40	S. MEYER (28/01/98) 9:52.0      67.54%			L. KREIGLER (25/11/98) 11:43.0      75.84%	
M45				C. GRIFFITHS (04/11/98) 14:56.0      62.31%	C. GRIFFITHS (11/02/98) 21:12.0      65.84%
M50				C. GRIFFITHS (16/06/99) 13:49.0      67.09%	
M55	K. PHILIP (21/7/14) 12:34.0      56.79%				
M60					
M65					
M70					
M75					
M80					
M85					



Women's Walks  
1996-2018

Age Group	3200M	4KM	5KM
M30			
M35			
M40			
M45			
M50			
M55			
M60			
M65			
M70			
M75			
M80			
M85			

Women's Walks  
1996-2018

<b>M90</b>						
<b>M90</b>						

Throws/Pentathlon Records  
2012-2018

Age Group	LONG JUMP		SHOT		DISCUS		JAVELIN		PENTATHLON	
<b>M30</b>	M. SHANKS (18/02/19) 4.57   53.76%		L. YANG (28/05/2018) 8.36   37.67%		L. YANG (17/12/2018) 20.38   28.48%		L. YANG (17/12/2018) 30.48   36.45%		L. YANG (17/12/2018) 1625   44.29%	
<b>M35</b>	P. LING (22/5/17) 5.22   61.41%				P. LING (21/8/17) 17.80   24.87%		M. RENNIE (1/10/18) 18.04   21.57%			
<b>M40</b>	D. FEATHERSTON (21/12/15) 5.57   72.53%		M. HUGHES (25/06/2018) 9.28   43.34%		D. FEATHERSTON (16/11/15) 31.16   44.34%		D. FEATHERSTON (20/10/15) 41.65   50.65%		D. FEATHERSTON (19/1/15) 2887   73.33%	
<b>M45</b>	D. FEATHERSTON (17/02/20) 4.98   68.50%		S. CHAMBERLAIN (25/6/12) 9.90   47.66%		D. FEATHERSTON (17/02/20) 28.96   43.80%		D. FEATHERSTON (17/02/20) 39.56   49.81%		D. FEATHERSTON (17/02/20) 2863   74.95%	
<b>M50</b>	P. DURRANT (20/10/14) 4.72   69.01%		K. BATES (25/06/12) 10.20   54.75%		P COUMAROS (16/02/15) 28.67   41.92%		P COUMAROS (17/11/14) 32.92   45.91%		A. EGGINGTON (17/11/14) 2354   61.40%	
<b>M55</b>	L DE BIASI (15/07/19) 5.29   83.31%		G. CHAMPION (25/6/12) 8.34   47.66%		E. OLIVIER (18/02/19) 30.99   47.99%		L DE BIASI (15/07/19) 33.69   50.08%		G. WALTER (16/2/15) 2162   56.83%	
<b>M60</b>	K. BRUCE (21/12/15) 4.35   71.66%		J. BROWNE (25/6/12) 8.88   48.34%		C. RIDDOCH (09/04/18) 30.20   45.51%		J. BROWNE (5/11/12) 24.72   39.04%		D. MCCONNELL (15/12/14) 2692   62.03%	
<b>M65</b>	K. BRUCE (16/10/17) 4.67   85.37%		G. FORD (25/06/2018) 7.77   46.64%		G FORD (16/2/15) 29.45   49.29%		D. MCCONNELL (4/3/18) 25.05   41.30%		D. MCCONNELL (15/12/18) 3192   80.93%	
<b>M70</b>	T. LEONG (19/1/15) 2.82   54.34%				G. FORD (16/12/19) 26.29   47.57%		G. FORD (15/04/19) 20.81   35.25%		T. LEONG (19/1/15) 1845   48.48%	
<b>M75</b>	T. LEONG (16/1/17) 3.11   64.39%				T. LEONG (19/12/16) 20.64   41.94%		T. LEONG (16/1/17) 21.81   42.34%		T. LEONG (19/12/16) 2106   51.87%	
<b>M80</b>	B. DORR (18/11/19) 2.17   49.77%		B. DORR (18/11/19) 7.13   51.00%				B. DORR (17/02/20) 16.17   32.65%		B. DORR (18/11/19) 827   22.68%	
<b>M85</b>										
<b>M90</b>							S. PAKERLA (18/7/16) 15.14   63.43%			



