Janua	ary 6, 20 [.]	14		Janu	ıary 13, 2	2014				January 20, 20	014	Janua	ıry 27, 2	014		
300m Hurdles	Age	Res		100m Combined E.T.	Age	Est	Act	Diff	110m	Age	Res	80m E.T.	Age	Est	Act	Diff
David McConnell	61	49.	3	Ken Bruce	61	13.8	13.6	-0.2	Phil Rosevear	64	14.7	David McConnell	61	10.5	11.0	0.5
Graham Ford	64	50.	2	David McConnell	61	13.5	13.8	0.3	Ken Bruce	61	14.7	Phil Rosevear	64	11.1	11.1	0.0
Roo	?	52.	0	Graham Ford	64	14.1	14.2	0.1	Matt Scholes	44	19.0	Matt Scholes	44	11.5	11.1	-0.4
60m	Age	Res		Phil Rosevear	64	14.9	14.5	-0.4	Kay Burnie	61	19.8	Richard Trembath	71	13.5	15.0	1.5
David McConnell	61	8.	2	Greg Champion	58		15.4		Don McLean	79	21.9	150m	Age	Res		
Phil Rosevear	64	8.	4	Kay Burnie	61		18.2		250m	Age	Res	Matt Scholes	44	44.2		
Ken Bruce	61	8.	5	Richard Trembath	71	17.5	18.5	1.0	Fab Romeo	45	37.5	David McConnell	61	44.9		
Kay Burnie	61	10.	8	300m Combined E.T.	Age	Est	Act	Diff	Ken Bruce	61	38.1	Phil Rosevear	64	51.0		
150m	Age	Res		David McConnell	61	46.0	46.0	0.0	Phil Rosevear	64	41.0	Richard Trembath	71	55.1		
Roo	?	19.	8	Ken Bruce	61	48.5	46.5	-2.0	Matt Scholes	44	41.2	John Aughey	76	59.4		
David McConnell	61	20.	2	Graham Ford	64	48.0	49.8	1.8	Kay Burnie	61	52.4	2min NOSP	Age	Res		
Ken Bruce	61	21.	0	Phil Rosevear	64	54.9	52.3	-2.6	Don McLean	79	54.8	Katrina Philip	52	2:01.5		
Phil Rosevear	64	22.	1	Greg Champion	58		52.5		600m	Age	Res	Matt Scholes	44	2:06.2		
Nick Saunders	?	24.	5	Richard Trembath	71	60.0	66.3	6.3	Matt Scholes	44	1:42.7	Richard Trembath	71	2:08.2		
Kay Burnie	61	29.	2	Kay Burnie	61		82.5		Fab Romeo	45	2:32.9	1500m	Age	Res		
600m Age Graded Heat 1	Age	Нср	Res	800m	Age	Res			John Aughey	76	2:39.5	David McConnell	61	5:57.3		
David McConnell	61	107	1:35.1	David McConnell	61	3:11.0			Mellissa Gillick	39	2:42.9	Matt Scholes (700m)	44	2:31.0		
Nick Saunders	?		1:50.2	Katrina Philip	52	3:53.0			Katrina Philip	52	2:43.6					
Roo	?		1:55.3						1km	Age	Res					
2km	Age	Res							Fab Romeo	45	3:34.6					
Nick Saunders	?	7:31.	2						Mellissa Gillick	39	4:51.3					
Katrina Philip	52	8:49.	0						3km	Age	Res					
									Matt Scholes	44	12:23.0					
									Katrina Philip	52	?					

								Doncaste	er Masters Venue Results					
	Febru	ary 3, 20	14			F	ebruary 10,	2014	Fe	bruary 17, 2	014	Fe	bruary 24, 2	014
0m		Age	Res			70m heat 1	Age	Res	60m heat 1	Age	Res	80m	Age	Res
avid McConnell		61	8.4			Graham Walter	55	10.3	Trevor Rim	?	9.0	David McConnell	61	11.1
nil Rosevear		64	8.5			Matt Scholes	44	11.5	Richard Trembath	72	10.3	Phil Rosevear	64	11.3
chard Trembath		71	10.8			Richard Trembath	71	11.8	Mellissa Gillick	39	10.4	Graham Walter	55	11.9
y Burnie		62	11.3			Kay Burnie	62	12.5	Matt Scholes	44	10.7	Matt Scholes	44	13.4
0m		Age	Res			70m heat 2	Age	Res	Kay Burnie	62	11.1	Richard Trembath	72	14.7
avid McConnell		61	13.1			David McConnell	61	9.5	60m heat 2	Age	Res	Kay Burnie	62	14.8
il Rosevear		64	14.2			Phil Rosevear	64	9.6	Alex Warwick	?	8.1	300m heat 1	Age	Res
y Burnie		62	18.1			Ken Bruce	61	9.7	David McConnell	61	8.5	Greg Champion	59	54.9
0m E.T.		Age	Est	Act	Diff	Graham Ford	64	10.1	Graham Ford	64	9.0	Mellissa Gillick	39	61.8
vid McConnell	**	61	62.0	62.5	0.5	150m heat 1	Age	Res	Fab Romeo	45	9.2	Richard Trembath	72	?
l Rosevear		64	68.5	74.8		Mellissa Gillick	39	26.7	200m heat 1	Age	Res	John Aughey	76	65.2
chard Trembath		71	74.0	76.6	2.6	Kay Burnie	62	28.3	Richard Trembath	72	35.4	300m heat 2	Age	Res
rina Philip		52		1:33.3		John Aughey	76	30.3	Mellissa Gillick	39	36.7	David McConnell	61	43.1
n McLean		79		1:40.5		Don McLean	79	31.2	John Aughey	76	37.4	Fab Romeo	45	44.6
					0.0	150m heat 1	Age	Res	Kay Burnie	62	39.6	Graham Walter	55	45.8
						Graham Ford	64	21.6	200m heat 2	Age	Res	Lyall Douglas	?	47.7
						Graham Walter	55	21.9	Alex Warwick	?	26.7	Phil Rosevear	64	50.0
						Greg Champion	59	22.9	David McConnell	61	27.2	Matt Scholes	44	55.4
						Matt Scholes	44	24.0	Fab Romeo	45	28.6	800m	Age	Res
						150m heat 2	Age	Res	Matt Scholes	44	29.9	Matt Scholes	44	2:22.8
						David McConnell	61	20.2	Graham Ford	64	31.1	Fab Romeo	45	2:53.6
						Ken Bruce	61	20.2	Trevor Rim	?	34.3	Graham Walter	55	3:12.6
						Phil Rosevear	64	21.3	60 sec NOSP	Age	Res	Lyall Douglas	?	3:19.0
						Fab Romeo	45	22.7	Matt Scholes	44	1	John Aughey	: 76	3:30.9
						500m	Age	Res	Kay Burnie	62	2	Katrina Philip	52	3:45.6
						Matt Scholes	44	1:18.7	David McConnell	61	3	Mellissa Gillick	39	3:47.5
						Lyall Douglas	?	1:27.8	Greg Champion	59	4	Angela Champion 2km	48	3:51.2 Res
						Fab Romeo	45	1:28.4	Richard Trembath	72	dq		Age	
						David McConnell	61	1:32.0	Katrina Philip	52	dq	Matt Scholes	44	8:34.1
						Graham Walter	55	1:34.2	Trevor Rim	?	dq	Graham Walter	55	8:50.3
						Richard Trembath	71	1:36.9	1200m	Age	Res	Lyall Douglas	?	9:06.9
						Greg Champion	59	1:58.5	Fab Romeo	45	4:43.0	Fab Romeo	45	9:15.2
						Katrina Philip	52	1:58.6	Trevor Rim	?	5:14.5	Katrina Philip	52	10:06.0
						Mellissa Gillick	39	2:02.6	Angela Champion	48	5:38.5	Mellissa Gillick	39	10:15.3
						Don McLean	79	2:18.0	Greg Champion	59	6:20.8			
						3km	Age	Res						
						Chris Lynch	?	11:08.1						
						Matt Scholes	44	12:16.6						
						Graham Walter	55	13:15.5						
						Fab Romeo	45	13:35.5						
						Lyall Douglas	?	14:05.6						
						Tania Simpson	43	14:47.0						
						Katrina Philip	52	15:51.9						
							0 <u>-</u>							

Ma	arch 3, 201	4	
100m	Age	Res	
David McConnell	61	13.6	
Phil Rosevear	64	15.2	
Matt Scholes	44	15.6	
Kay Burnie	62	18.8	
150m heat 1	Age	Res	
Richard Trembath	72	27.0	
Mellissa Gillick	39	27.2	
Kay Burnie	62	28.1	
John Aughey	76	28.3	
150m heat 2	Age	Res	
Fab Romeo	45	21.2	
David McConnell	61	21.6	
Graham Ford	64	22.4	
Trevor Rim	?	33.5	
400m heat 1	Age	Res	
Trevor Rim	?	73.2	
Richard Trembath	72	76.2	
Mellissa Gillick	39	85.4	
Katrina Philip	52	90.1	
John Aughey	76	90.9	
Don McLean	80	101.2	
400m heat 1	Age	Res	
David McConnell	61	62.7	
Fab Romeo	45	67.0	
Phil Rosevear	64	70.4	
Greg Champion	59	79.7	
Angela Champion	48	107.6	
1km	Age	Res	
Matt Scholes	44	3:12.0	
Tanya Simpson	43	4:04.0	
Mellissa Gillick	39	4:42.0	
Katrina Philip	52	4:42.1	
David McConnell	61	4:44.5	

		DOII	Castel Maste	15 Venue Results			
Marc	h 10, 2	014		Ma	rch 17, 201	14	
100m	Age	Res		Results sheets not rece	eived		
Graham Ford	64	14.1					
Phil Rosevear	64	15.7		Ma	rch 24, 201	14	
Kay Burnie	62	17.8		70m	Age	Res	
300m	Age	Res		Ken Bruce	64	10.2	
Phil Rosevear	64	46.6		Jeffrey Sim	52	11.0	
Graham Ford	64	49.2		Kath Skultety	72	13.4	
Greg Champion	59	53.8		120m	Age	Res	
Kay Burnie	62	66.8		Ken Bruce	64	16.9	
2 min NOSP	Age	Res	Time	Alistair	inv	17.7	
Kay Burnie	62	dq	90.0	Kath Skultety	72	13.4	
Shaun Wright	?	dq	94.2	Greg Champion	59	18.6	
Greg Champion	59	dq	103.7	Jeffrey Sim	52	19.3	
1600m	Age	Res		Jacinta inv	inv	22.8	
Angela Champion	48	7:42.0		Kath Skultety	72	22.9	
2km	Age	Res		400m	Age	Res	
Shaun Wright	?	10:55.0		Greg Champion	59	82.3	
4km	Age	Res		Jeffrey Sim	52	86.2	
Tanya Simpson	43	20:11.4		Alistair	inv	90.6	
				Katrina Philip	52	110.5	

March	31, 20)14		
60m Heat 1	Age	Res		
Donna Clarke	61	10.32		
Kaye Burnie	62	10.88		
Kath Skultety	72	11.68		
60m Heat 2	Age	Res		
Graham Ford	64	8.72		
Ken Bruce	61	8.72		
Sonya Pollard	47	8.84		
David McConnell	61	9.38		
Shaun Wright	44	9.68		
Matt Scholes	44	10.44		
300m Heat 1	Age	Res		
Shaun Wright	44	53.16		
Donna Clarke	62	54.48		
Mellissa Gillick	39	57.20		
John Aughey	76	60.88		
Kaye Burnie	62	70.96		
Kath Skultety	72	73.00		
300m Heat 1	Age	Res		
David McConnell	61	45.28		
Graham Ford	64	48.60		
Sonya Pollard	47	49.36		
Manningham Mile	Age	Start	Clock	Act
Lavinia Petrie	70	scr	6:33.9	6:33.9
Matt Scholes	44	2:19.0	7:52.7	5:33.7
Graham Walter	56	1:48.0	8:07.4	6:19.4
Peter Dodgsun	61	1:35.0	8:18.1	6:43.1
Peter Leget	80	0:07.0	8:29.7	8:22.7
Katrina Philip	51	1:24.0	9:04.1	7:40.1
Kath Gawthorn	37	2:00.0	9:35.7	7:35.7
Mellissa Gillick	39	2:00.0	9:48.3	7:48.3
Shaun Wright	44	2:19.0	10:58.1	8:39.1

							Done	caster l	Maste	rs Venue Result	S				
	April 7, 2014					April 14, 20	14				April 21, 201	4		April 28, 201	4
60m	Age	Res			100m E.T.	Age	Est	Act	Diff	Discus	Age	Dist	Discus	Age	Dist
Graham Ford	65	8.5			David McConnell	61	13.2	14.0	0.8	Graham Ford	64	28.39	Graham Ford	64	26.61
David McConnell	61	8.5			Ken Bruce	62	14.9	14.5	-0.4	David McConnell	61	23.04	Shaun Wright	44	25.87
Shaun Wright	44	9.3			Shaun Wright	44	14.0	14.9	0.9	80m	Age	Res	David McConnell	61	22.80
Kaye Burnie	62	10.5			Hawley Thomas	70	20.2	20.8	0.6	David McConnell	61	10.9	100m Heat 1	Age	Res
150m Heat 1	Age	Res			250m	Age	Res			Graham Ford	65	11.5	Matt Scholes	43	17.0
Mellissa Gillick	39	25.4			David McConnell	61	36.6			Greg Champion	59	11.6	Phil Rosevear	64	18.1
John Aughey	76	27.0			Ken Bruce	62	38.8			Graham Walter	56	12.0	Despina Evangelina	?	18.7
Kaye Burnie	62	27.3			Shaun Wright	44	42.5			120m	Age	Res	Shaun Wright	44	20.8
150m Heat 2	Age	Res			Mellissa Gillick	39	47.2			Graham Ford	65	17.3	100m Heat 2	Age	Res
David McConnell	61	21.2			John Aughey	76	50.0			Greg Champion	59	17.5	David McConnell	61	13.4
Graham Ford	65	21.8			90 Sec NOSP	Age	Res			Graham Walter	56	17.5	Graham Ford	65	14.1
Greg Champion	59	23.1			Katrina Philip	52	DQ			John Aughey	76	22.5	Graham Walter	56	14.2
Shaun Wright	44	23.8			Kath Gawthorn	37	DQ			400m	Age	Res	Greg Champion	59	14.7
600m E.T.	Age	Est	Act	Diff	1500m	Age	Res			David McConnell	61	61.7	200m Heat 1	Age	Res
Fab Romeo	45	2:06.0	1:50.6	0:15.4	Fab Romeo	45	5:55.0			Graham Walter	56	68.9	Matt Scholes	43	34.1
David McConnell **	61	1:55.0	1:54.9	0:00.1	David McConnell	61	5:57.6			1200m	Age	Res	Shaun Wright	44	37.7
Graham Walter	56	2:40.9	2:17.3	0:23.6	Katrina Philip	52	6:53.8			Graham Walter	56	5:38.8	Phil Rosevear	64	38.1
Katrina Philip	52	2:55.0	2:32.3	0:22.7	Kath Gawthorn	37	6:33.9			David McConnell	61	5:38.8	Despina Evangelina	?	41.5
Greg Champion	59	3:00.0	2:44.9	0:15.1	Shaun Wright	44	7:12.0						200m Heat 2	Age	Res
					Mellissa Gillick	39	7:17.0						David McConnell	61	28.0
					Don McLean	80	8:59.0						Graham Walter	56	28.8
					Hawley Thomas	70	9:03.0						Graham Ford	65	29.6
													Greg Champion	59	31.8
													800m	Age	Res
													Matt Scholes	43	2:28.0
													David McConnell	61	3:00.0
													Graham Walter	56	3:23.6
													1km	Age	Res
													Hawley Thomas	70	5:40.0
													3km	Age	Res
													Graham Walter	56	13:30.9

	M F 0044				M 40 00	4.4		40. 004	4			Mar. 00 00	1.4		
	May 5, 2014				May 12, 20	14	IVI	ay 19, 201	4			May 26, 20 ⁻	14		
80m	Age	Res		Discus	Age	Dist	100m	Age	Res		60m	Age	Res		
Graham Ford	65	11.	5	Graham Ford	65	27.14	Graham Ford	65	NT		Phil Rosevear	64	8.9		
David McConnell	61	11.	6	Graham Walter	56	23.60	Phil Rosevear	64	NT		Greg Champion	59	9.6		
Shaun Wright	44	12.	7	100m	Age	Res	Greg Champion	59	NT		Matt Scholes	43	10.3		
Matt Scholes	43	13.	0	Graham Ford	65	13.9	Matt Scholes	43	NT		Kay Burnie	61	11.3		
Phil Rosevear	64	13.	9	Greg Champion	59	14.3	Graham Walter	56	NT		150m	Age	Res		
John Aughey	76	15.	8	Ken Bruce	62	14.3	Matt Scholes	43	NT		Phil Rosevear	64	22.0		
45 sec NOSP	Age	Res		David McConnell	61	14.4	John Aughey	76	NT		Fab Romeo	45	22.5		
Phil Rosevear	64	1		Graham Walter	56	14.8	200m Age Graded	Age	Нср	Res	Greg Champion	59	24.0		
David McConnell	61	2		Matt Scholes	43	15.9	Graham Ford	65	40	23.7	Matt Scholes	43	25.3		
Matt Scholes	43	3		Phil Rosevear	64	16.5	Phil Rosevear	64	33	25.4	Kay Burnie	61	29.2		
Katrina Philip	52	4		Kay Burnie	61	18.9	Greg Champion	59	27	28.1	400m E.T.	Age	Est	Act	Diff
Greg Champion	59	DQ		300m	Age	Res	Fab Romeo	45	14	28.6	Matt Scholes	** 43	64.0	63.0	-1.0
600m Age Graded	Age	Нср	Res	David McConnell	61	43.9	Melissa Gillick	39	41	33.1	Fab Romeo	45	72.3	64.5	-7.8
Graham Ford	65	132	1:27.5	Matt Scholes	43	44.3	Matt Scholes	43	13	33.2	Phil Rosevear	64	86.0	75.0	-11.0
John Aughey	76	188	1:38.3	Graham Walter	56	47.1	400m	Age	Res		Greg Champion	59		93.5	
Matt Scholes	43	0	1:45.1	Ken Bruce	62	48.7	Matt Scholes	43	63.9		2km	Age	Res		
Phil Rosevear	64	107	1:53.6	Graham Ford	65	48.7	Fab Romeo	45	75.7		Matt Scholes	43	8:31.0		
Katrina Philip	52	127	2:15.2	Phil Rosevear	64	53.0	Phil Rosevear	64	87.1		3km	Age	Res		
Greg Champion	66	84	2:28.5	Greg Champion	59	56.9	Melissa Gillick	39	89.6		Fab Romeo	45	13:35.0		
Shaun Wright	44	20	2:30.9	John Aughey	76	60.8	Greg Champion	59	98.6						
3km	Age	Res		Kay Burnie	61	69.1	John Aughey	76	99.8						
Angela Champion	48	13:31.	0	2 min NOSP	Age	Res	1500m	Age	Res						
David McConnell	61	13:36.	0	Greg Champion	59	1	Fab Romeo	45	6:44.3						
				Matt Scholes	43	2	Melissa Gillick	39	7:40.4						
				3km	Age	Res									

Graham Walter

David McConnell

56

8:33.8

8:38.3

							Don	caster	Maste	rs Venue Result	s							
	June 2, 2014					June 9, 20	14				June 16,	201	4				June 23, 20	14
30m E.T.	Age	Est	Act	Diff	60m Heat 1	Age	Res			80m		Age	Res			100m	Age	Res
hil Rosevear	64	14.0	14.1	0.1	Greg Champion	59	9.2			Phil Rosevear		64	11.3			Matt Scholes	44	15.8
Greg Champion	59		14.9		Tracy Carpenter		9.3			Greg Champion		59	11.9			David McConnell	61	17.1
Matt Scholes **	44	17.0	17.0	0.0	Graham Walter	56	10.1			David McConnell		61	12.1			Shaun Wright	44	17.7
Despina Evangelou			18.0		Matt Scholes	44	10.9			Matt Scholes		44	14.0			600m	Age	Res
00m	Age	Res			60m Heat 1	Age	Res			250m E.T.	4	Age	Est	Act	Diff	Matt Scholes	44	1:41.0
Matt Scholes	44	29.3			Paul Durrant	52	8.6			Matt Scholes		44	38.0	39.2	1.2	David McConnell	61	1:59.8
Phil Rosevear	64	30.5			Phil Rosevear	64	8.6			Phil Rosevear		64	38.4	40.8	2.4	Shaun Wright	44	2:15.0
Greg Champion	59	32.2			Fab Romeo	45	9.0			David McConnell *	*	61	40.0	40.8	0.8	1200m	Age	Res
00 sec NOSP	Age	Res			David McConnell	61	9.3			Greg Champion		59	42.0	44.8	2.8	Matt Scholes	44	5:04.5
Matt Scholes	44	1	90.3		120m Heat 1	Age	Res			60 sec NOSP		Age	Res			David McConnell	61	5:38.5
Phil Rosevear	64	2			Fab Romeo	45	16.7			Phil Rosevear		64	1	61.9		300m Walk	Age	Res
Greg Champion	59	3			Tracy Carpenter		18.3			Matt Scholes		44	dq	57.8		John Browne	62	1:37.0
3km	Age	Res			David McConnell	61	18.4			Greg Champion		59	dq	55.3			June 30, 20	14
Matt Scholes	44	8:48.7			John Aughey	76	21.8			800m Walk		Age	Res			80m	Age	Res
Hawley Thomas	?	12:58.7			120m Heat 2	Age	Res			John Browne		62	5:22.0			Phil Rosevear	64	8.5
					Phil Rosevear	64	17.0			Graham Ford		65	6:08.0			Graham Ford	65	8.9
					Greg Champion	59	17.7			1600m		Age	Res			Greg Champion	59	9.3
					Graham Walter	56	19.8			Matt Scholes		44	5:49.0			Shaun Wright	44	9.3
					Matt Scholes	44	20.3			David McConnell		61	6:42.0			Carolyn Aughey	?	13.7
					500m E.T.	Age	Est	Act	Diff							90m	Age	Res
					Matt Scholes	44	80.0	80.5	0.5							Phil Rosevear	64	12.6
					Paul Durrant **	52	84.0	83.9	-0.1							Graham Ford	65	13.2
					Graham Walter	56	94.0	95.7	1.7							Greg Champion	59	13.5
					Tracy Carpenter		96.0	100.9	4.9							Shaun Wright	44	13.6
					Fab Romeo	45	92.0	104.4	12.4							John Aughey	76.0	16.4
					Phil Rosevear	64	125.0	120.7	-4.3							800m	Age	Res
					Greg Champion	59	125.0	135.8	10.8							Shaun Wright	44	3:35.0
					3km Walk	Age	Res									Greg Champion	59	4:06.8
					Graham Walter	56	21:48.0									Kevin Bates	55	4:09.5
					Graham Ford	65	21:48.0									Phil Rosevear	64	4:10.5
					3km Run	Age	Res											
					Fab Romeo	45	14:23.0											
					Melissa Gillick	39	15:32.0											
					5km Run	Age	Res											
					David McConnell	61	22:42.0											

Results from last Monday:

60 metres

1st Phil Rosevear 8.4

2nd Shaun Wright 8.9

3rd Greg Champion 9.2

4th Fab Romeo 10.0

5th Melissa Gillick 10.7

6th Carolyn Aughey 13.6

120 metres

1st Phil Rosevear 16.9

2nd Shaun Wright 17.3

3rd Greg Champion 17.8

4th Fab Romeo 21.3

5th Mellisa Gillick 22.1

6th John Aughey 22.9

400 metres (estimated time)

1st Fab Romeo 68.0 (63.5)

2nd Phil Rosevear 85.2 (78.0)

3rd Shaun Wright 86.7

4th Greg Champion 90.9 (105.0)

5th Melissa Gillick 92.6 (96) *

1500 metres walk

1st Frank Proser 9.12.5

2nd Katrina Philips 12.34.0

3rd Graham Ford 12.34.0

4th Kath Gawthorn 12.36.0

3000 metres

eq 1st Fab Romeo 16.27.5

eq 1st Melissa Gillick 16.27.5

21-Jul

Results from tonight: 70 metres heat 1 1st Graham Walter 10.3 2nd Graham Ford 10.3 3rd Greg Champion 10.9 4th Shaun Wright 11.3

70 metres heat 2 1st Matt Scholes 10.0 2nd Phil Rosevear 10.0 3rd David McConnell 10.4

150 metres heat 1 1st Graham Walter 21.8 2nd Greg Champion 22.9 3rd Graham Ford 22.9 4th Shaun Wright 24.9

150 metres heat 2 1st Matt Scholes 20.5 2nd David McConnell 21.0 3rd Phil Rosevear 22.0

600 metres (estimated time)
1st David McConnell 1.54.6 (1.50) *
2nd Graham Walter 2.07 (1.56)
3rd Shaun Wright 2.25.8
4th Phil Rosevear 2.46 (3.10)
5th Greg Champion 2.53.6 (3.00)

2 km 1st Graham Walter 8.46.8 2nd Angela Champion 8.51.4

2km walk 1st Frank Prowse 7.20.7 eq 2nd Katrina Philips 10.40.5 eq 2nd Graham Ford 10.40.5 Results from Aug 18 100 metres 1st Phil Rosevear 13.6 2nd Greg Champion 14.2 3rd Graham Walter 14.2 4th Graham Ford 14.2 5th Shaun Wright 17.0

200 metres (age graded)
1st David McConnell (33) 23.6
2nd Phil Rosevear (33) 24.2
3rd Graham Ford (40) 24.5
4th Graham Walter (27) 25.6
5th Greg Champion (27) 27.5
6th Carolyn Aughey (69) 29.1
7th Shaun Wright (7) 36.3

400 metres (estimated time)
WINNER Shaun Wright (I won't finish) - he didn't!
2nd David McConnell (63) 66.7
3rd Graham Walter (72) 71.0 *
4th Phil Rosevear (75) 79.5

No-one interested in the 1600 metres

Results from Sep 1

120 metres 1st Graham Ford 18.6 2nd Phil Rosevear 18.6 3rd David McConnell 19.6 4th Carolyn Aughey 27.0

600 metres 1st Graham Ford 2.25.4 (15 sec) act 2.10.4 2nd Phil Rosevear 2.32.1 (scr) 3rd David McConnell 2.42.5 (40 sec) 2.02.5 Results from Sep 8

Discus:

1st Graham Ford (1 kg) 27.04

2nd Grant Stewart (1.5 kg) 24.65

3rd Matt Scholes (2 kg) 19.63 (PB)

4th Graham Walter (1.5 kg) 17.37

1500 metres

1st Graham Walter 5.54.3

2nd David McConnell 5.56.2

3rd Elizabeth Grover 6.20.3

4th Peter Dodgshun 6.24.0

5th Fab Romeo 6.37.4

6th Melissa Gillick 7.23.2

7th Hawley Thomas 10.26.7

60 metres

1st Phil Rosevear 8.3

2nd Graham Walter 8.7

3rd Graham Ford 8.9

4th Jonathon Stewart 9.2

5th Greg Champion 9.6

6th Melissa Gillick 11.2

7th Fab Romeo 16.0

100 metres

1st David McConnell 13.5

2nd Phil Rosevear 13.6

3rd Graham Walter 14.3

4th Greg Champion 14.9

5th Jonathon Stewart 15.6

6th Mellisa Gillick 18.3

7th Matt Scholes 18.7

8th Fab Romeo 19.6

Video of 100 http://youtu.be/-JIFdOuZBUs

300 metres

1st David McConnell 45.7

2nd Graham Walter 47.5

3rd Matt Scholes 47.8

4th Graham Ford 52.0

5th Phil Rosevear 53.7

6th Greg Champion 58.9

7th Fab Romeo 60.8

8th Melissa Gillick 66.1

1 km

1st Melissa Gillick 5.12.5

2nd Hawley Thomas 6.15.0

3 km 1st Matt Scholes 12.07.3 2nd Peter Dodgschun 13.22.3 3rd Elizabeth Grover 13.26.4 4th Graham Walter 14.08.8 5th Fab Romeo 15.16.8

Results from Sep 15

1000 metres 1st Karston 3.45 2nd Fab Romeo 3.53 3rd Elizabeth Grover 4.02 4th Shaun Wright 4.35 5th Melissa Gillick 4.40

Long Jump 1st Graham Ford (M65) 3.64 (485) 2nd David Featherston (M40) 4.82 (431) 3rd Nick Scholes (M11) 3.09 (400) 4th Matt Scholes (M40) 4.17 (297)

100 metres 1st Karston 13.9 2nd Greg Champion 15.0 3rd Fab Romeo 17.1 4th Melissa Gillick 17.5 5th John Aughey 18.5 6th Kay Burns 19.0 7th Carolyn Aughey 22.7

Javelin Throw (all 700 gm)
1st David Featherston (M40) 31.72 (362)
2nd Graham Ford (M65) 21.8 (357)
3rd Grant Stewart (M55) 23.57 (321)
4th Matt Scholes (M40) 24.20 (247)
5th Nick Scholes (M11) 14.50 (234)

200 metres - heat 1 1st Karston 30.1 2nd Nick Scholes (M11) 35.7 (427) 3rd Melissa Gillick 38.8 4th Kay Burns 42.8 5th Carolyn Aughey 46.8

200 metres - heat 2 1st David Featherston (M40) 26.1 (615) 2nd Matt Scholes (M40) 28.7 (421) 3rd Grant Stewart (M55) 30.1 (525) 4th Graham Ford (M65) 30.5 (655) 5th Greg Champion 32.0 6th Fab Romeo 35.6

400 metres 1st David Featherston 57.0 2nd Kartson 67.1 3rd Melissa Gillick 90.3

Discus Throw

1st Graham Ford (M65) 27.90 (513) 2nd David Featherston (M40) 25.33 (423) 3rd Grant Stewart (M55) 24.20 (403) 4th Nick Scholes (M11) 18.13 (332) 5th Matt Scholes (M40) 20.30 (316)

1500 metres

1st David Featherston (M40) 5.05.7 (613) 2nd Matt Scholes (M40) 5.11.8 (578) 3rd Karlston 5.28.0 4th Fab Romeo 6.16.3 5th Elizabeth Grover 6.20.4 6th Graham Ford (M40) 7.22.7 (383) 7th Melissa Gillick 7.36.3

Pentathlon

1st David Featherston (M40) 2444 2nd Graham Ford (M65) 2393 3rd Matt Scholes (M40) 1859

Results from Sep 22

Results of the Annual 60 minutes run tonight:

1st Graham Walter (M55) 13.268 km

2nd Lavinia Petrie (W70) 12.800 km

3rd Peter Dodgshun (M60) 12.660 km

4th Chris Worsnop (M55) 11.688 km

5th Hank Kuys (M60) 10.400 km

6th Evelyn Kuys (W55) 9.200 km

7th Deirdre Black (W60) 8.800 km

8th Robert Davey (M70) 8.000 km

9th Gerald Burke (M70) 7.600 km

10th Maggie Hawkes (F55) 7.200 km

And the events for sane people:

70 metres heat 1

1st Kim Ludbrook 10.2

2nd Tracey Carpenter 10.6

3rd Lachlan Milano 11.9

4th Kay Burns 12.6

5th Carolyn Aughey 15.6

70 metres heat 2

1st Mark Milano 9.3

2nd Paul Durrant 9.3

3rd Phil Rosevear 9.4

4th Graham Ford 10.3

110 metres heat 1

1st Kim Ludbrook 20.0

2nd Lachlan Milano 22.1

3rd Kay Burns 24.2

4th Carolyn Aughey 28.5

110 metres heat 2

1st Mark Milano 14.3

2nd Phil Rosevear 15.2

3rd Tracey Carpenter 16.7

400 metres

1st Mark Milano 60.6

2nd Paul Durrant 63.4

3rd Phil Rosevear 78.8

4th Lachlan Milano 94.4

se

Results from Sep 29

Javelin

1st Grant Stewart (700 kg) 27.65

2nd Graham Ford (600 kg) 24.07

3rd David McConnell (600 kg) 21.72

4th Shaun Wright (800 kg) 20.20

5th Melissa Gillick (600 kg) 11.45

100 metres heat 1 (age graded)

1st Graham Walter 12.6

2nd Kay Burnie 13.2

3rd Carolyn Aughey 14.7

4th Melissa Gillick 16.3

5th Don McLean 19.7

100 metres heat 2 (age graded)

1st Phil Rosevear 11.0

2nd Graham Ford 11.5

3rd David Featherston 11.6

4th David McConnell 11.7

5th Leo Coffey 11.8

6th Lindley Cowell 12.8

7th Shaun Wright 15.8

200 metres heat 1 (age graded)

1st Graham Walter 26.6

2nd Deidre Black 26.7

3rd Kay Burnie 26.8

4th Shaun Wright 29.7

5th Carolyn Aughey 30.0

6th Melissa Gillick 32.9

200 metres heat 2 (age graded)

1st Phil Rosevear 22.2

2nd David McConnell 22.7

3rd Graham Ford 23.5

4th David Featherston 24.0

5th Grant Stewart 25.4

6th Lindley Cowell 25.4

7th Leo Coffey 27.1

400 metres (age graded)

1st David McConnell 53.3

2nd David Featherston 54.0

3rd Graham Walter 29.4

4th Phil Rosevear 61.2

5th Deidre Black 62.6

6th Lindley Cowell 65.7

7th Kay Burnie 71.9

8th Melissa Gillick 80.5

1000 metres 1st Angela Champion 4.12 2nd David McConnell 4.32 3rd Melissa Gillick 4.52 4th Deidre Black 5.49

3 km 1st David Featherston 12.40 2nd Graham Walter 13.30 Results from Oct 6 880 yards 1st David McConnell 2.40 2nd Melissa Gillick 3.34

Discus

1st Graham Ford (1 kg) 23.65 2nd Shaun Wright (2 kg) 20.40 3rd Matt Scholes (2 kg) 19.65 4th Nick Scholes (.5 kg) 16.33

120 metres heat 1 1st Lachlan Milano 18.8 2nd Matt Scholes 20.0 3rd Nick Scholes 20.0 4th David McConnell 20.5

120 metres heat 2 1st Mark Milano 15.2 2nd Phil Rosevear 16.7 3rd Graham Ford 17.3 4th Shaun Wright 17.5

200 metres heat 1 1st Lachlan Milano 35.0 2nd Nick Scholes 37.2 3rd Matt Scholes 37.5 4th Melissa Gillick 37.8

200 metres heat 2 1st Mark Milano 25.9 2nd David McConnell 27.4 3rd Phil Rosevear 29.7 4th Shaun Wright 31.7

600 metres (estimated time)
1st Matt Scholes 1.41 (1.40)
2nd Mark Milano 1.56 (1.50)
3rd Graham Ford 2.09.8 (2.10) winner
4th Kiara Milano 2.22.3
5th Nick Scholes 2.28.1 (2.50)
6th Melissa Gillick 2.43.9 (2.50)

2 km 1st Matt Scholes 8.12.7 2nd Frank Prowse 9.00.0 3rd David McConnell 9.09.0 Results from Oct 13 60 metres 1st Mark Milano 7.9 2nd Phil Rosevear 8.4 3rd Graham Walter 8.7 4th David McConnell 8.8 5th Shaun Wright 8.8 6th Greg Champion 9.0

100 metres heat 1 1st Graham Walter 14.2 2nd Greg Champion 14.5 3rd Shaun Wright 14.6 4th Melissa Gillick 17.1

100 metres heat 2 1st Mark Milano 12.5 2nd David McConnell 13.2 3rd Phil Rosevear 13.9 4th Matt Scholes 15.3

400 metres 1st David McConnell 65.0 2nd Mark Milano 65.3 3rd Graham Walter 70.4 4th Shaun Wright 82.0 5th Phil Rosevear 83.3 6th Melissa Gillick 92.0

3 km 1st Elizabeth Grover 14.12 2nd Graham Walter 14.13 Results from Oct 20

1st David Featherston (40) 2739

LJ 5.15 (504) JT 37.26 (403) 200 25.92 (630) DT 29.54 (455) 1500 5.00.7 (642)

2nd David McConnell (62) 2450

LJ 3.67 (413) JT 21.31 (301) 200 28.60 (708) DT 26.28 (424) 1500 6.08.3 (604)

3rd Graham Ford (65) 2305

LJ 3.60 (473) JT 21.72 (355) 200 32.11 (547) DT 25.69 (462) 1500 7.00.6 (468)

4th Paul Durrant (53) 2248

LJ 4.72 (542) JT 26.61 (353) 200 27.76 (696) DT 23.93 (357) 1500 6.42.6 (300)

5th Graham Walter (56) 2126

LJ 3.58 (324) JT 23.29 (316) 200 29.88 (540) DT 21.86 (353) 1500 5.52.9 (593)

6th Grant Stewart (57) 1750

LJ 4.02 (435) JT 25.64 (360) 200 30.88 (473) DT 24.85 (417) 1500 8.27.9 (65)

7th Matt Scholes (44) 1694

LJ 4.12 (288) JT 26.76 (286) 200 30.64 (298) DT 18.90 (287) 1500 5.19.7 (535)

8th Tom Leong (73) 1510

LJ 2.51 (227) JT 16.61 (285) 200 35.30 (449) DT 17.37 (314) 1500 8.38.8 (235)

9th Shaun Wright (40) 927

LJ 3.22 (130) JT 19.63 (179) 200 31.36 (257) DT 19.33 (296) 1500 7.24.9 (65)

Women's Pentathlon:

1st Bev Learmont (66) 1773

LJ 2.69 (317) 100 18.2 (576) JT 12.46 (317) SP 5.68 (492) 800 5.15.4 (38)

2nd Jenny Scholtz (49) 1229

LJ 2.74 (146) 100 16.8 (397) JT 17.04 (312) SP 6.38 (374) 800 5.15.0 (0)

Top performers:

Long Jump Paul Durrant (53) 4.72 (542)

Javelin Throw David Featherston (40) 37.26 (403)

200 metres David McConnell (62) 28.60 (708)

Discus Throw Graham Ford (65) 25.69 (462)

1500 metres David Featherston (40) 5.00.7 (642)

Results from tonight: Nov 3

1200 metres 1st Graham Walter (56) 4.31.5 2nd Julian Maingard (27) 4.40.9 3rd Elizabeth Grover (51) 5.06.3 4th Janine James (67) 6.15 5th Katrina Philips 6.23.7 6th Don McLean 7.18.6 7th Fay Brown 11.12

120 metres heat 1 1st Tracey Carpenter (48) 18.5 2nd Kay Burnie (62) 21.8 3rd Kathy Skultety (72) 23.8

120 metres heat 2 1st Ken Bruce (62) 16.9 2nd Graham Walter (56) 17.0 3rd Julian Maingard (27) 17.6

120 metres heat 3 1st Lindley Cowell (49) 16.18 2nd Phil Rosevear (65) 17.15 3rd Shaun Wright (40) 17.81 4th David McConnell (19.00

200 metres heat 1 1st Tracey Carpenter (48) 32.64 2nd John Aughey (77) 37.93 3rd Kay Burnie (62) 43.07 4th Kathy Skultety (72) 44.21 5th Carolyn Aughey (72) 46.84

200 metres heat 2 1st Lindley Cowell (49) 27.56 2nd David McConnell (62) 28.06 3rd Phil Rosevear (65) 28.79 4th Graham Walter (56) 30.51 5th Julian Maingard (27) 31.44 6th Shaun Wright (40) 31.56

600 metres (estimated time)
1st Paul Durrant (53) 1.56.9 (2.00.0)
2nd Graham Ford (65) 2.03.6 (2.05.0) winner
3rd David McConnell (62)2.16.2

Results from tonight: nov 10

Discus

1st Graham Ford (65) (1kg) 25.21 2nd John Browne (65) (1kg) 25.09 3rd David McConnell (62) (1kg) 22.97 4th Matt Scholes (44) (2kg) 19.39 5th Frank Prowse (62) (1kg) 18.57 6th Bev Learmont (66) (1kg) 16.12 (rec) 7th Jenny Scholtz (49) (1 kg) 15.21 (rec)

800 metres

1st Graham Walter (56) 2.55.6 2nd Don McLean (75) 4.20.0

60 metres heat 1 1st Graham Walter (56) 9.6 2nd Kathy Skultety (72) 11.7 3rd Carolyn Aughey (72) 13.5

60 metres heat 2 1st Phil Rosevear (65) 8.4 2nd Ken Bruce (62) 8.5 3rd Graham Ford (65) 8.7 4th Shaun Wright (44) 8.7 5th David McConnell (62) 9.3

100 metres (electronic times in brackets) 1st David McConnell (62) 13.3 (13.72) 2nd Phil Rosevear (65) 13.7 (14.14) 3rd Ken Bruce (62) 13.9 (14.44) 4th Shaun Wright (44) 14.0 (14.50) 5th Matt Scholes (44) 14.1 (14.58) 6th Graham Walter (56) 14.4 (14.82) 7th Kathy Skultety (72) 19.9 (20.36)

300 metres heat 1 1st Graham Walter (56) 50.1 2nd Shaun Wright (44) 51.2 3rd John Aughey (77) 63.8 4th Kathy Skultety (72) 75.4 5th Carolyn Aughey (72) 77.8

300 metres heat 2 1st Lindley Cowell (49) 43.7 2nd David McConnell (62) 44.5 3rd Matt Scholes (49) 48.7 4th Graham Ford (65) 50.6 1 km 1st Matt Scholes (44) 3.18.7 2nd Graham Walter (56) 4.15.3

1 km walk 1st Frank Prowse (62) 5.40.6 (rec) Results from tonight: Nov 17

Venue Records set last night at pentathlon:

Long Jump M65 Graham Ford 3.69 W40 Sheila Fanning 3.80 W65 Bev Learmont 2.79

Shot Put W40 Sheila Fanning 7.42 W50 Pam Tindal 5.87 W65 Bev Learmont 5.84

Discus Throw M50 Andrew Egginton 24.41 M50 Peter Coumaros 28.36 M70 Tom Leong 20.73

Javelin Throw
M50 Andrew Egginton 29.04
M50 Peter Coumaros 32.92
M65 Graham Ford 24.03
M70 Tom Leong 19.35
W40 Sheila Fanning 11.70
W50 Pam Tindal 14.18
W65 Bev Learmont 13.05

800 metres W40 Sheila Fanning 2.40.2

Pentathlon M50 Andrew Egginton 2354 M60 David McConnell 2452 M65 Graham Ford 2613 M70 Tom Leong 1629 W40 Sheila Fanning 2283 W50 Pam Tindal 1771 W65 Bey Learmont 1992

Results of Women's Pentathlon nov 17

1st Sheila Fanning (40)
LJ 3.80 (357) 100 14.12 (686) SP 7.42 (414) JT 11.70 (168) 800 2.40.2 (658) Total 2283

2nd Bev Learmont (66) LJ 2.79 (336) 100 18.56 (534) SP 5.84 (509) JT 13.05 (336) 800 4.28.0 (225) Total 1992 3rd Pam Tindal (54)

LJ 2.49 (128) 100 17.26 (420) SP 5.87 (361) JT 14.18 (264) 800 3.01.2 (598) Total 1771

4th Jenny Sholtz (49)

LJ 0 100 0 SP 6.16 (357) JT 15.61 (279) 800 0 Total 636

Best Long Jump Sheila Fanning (40) 3.80 (357)

Best 100 metres Sheila Fanning (40) 14.12 (686)

Best Shot Put Bev Learmont (66) 5.84 (509)

Best Javelin Bev Learmont (66) 13.05 (336)

Best 800 metres Sheila Fanning (40) 2.40.2 (658)

Another great pentathlon Nov 17 men

1st Graham Ford (65)

LJ 3.69 (502) JT 24.03 (406) 200 30.80 (634) DT 28.36 (524) 1500 6.41.3 (547) Total 2613

2nd David McConnell (62)

LJ 3.54 (378) JT 20.63 (288) 200 28.44 (720) DT 24.97 (397) 1500 5.55.0 (669) Total 2452

3rd Andrew Egginton (53)

LJ 3.45 (244) JT 29.04 (398) 200 29.52 (565) DT 24.41 (366) 1500 5.03.0 (781) Total 2354

4th Peter Coumaros (54)

LJ 4.09 (386) JT 32.92 (469) 200 28.88 (611) DT 28.2 (441) 1500 7.09.0 (208) Total 2115

5th Matt Scholes (44)

LJ 4.47 (358) JT 28.65 (315) 200 27.62 (498) DT 19.18 (293) 1500 5.08.0 (600) Total 2064

6th Tom Leong (72)

LJ 2.45 (211) JT 19.35 (352) 200 35.50 (438) DT 20.73 (396) 1500 8.40.0 (232) Total 1629

7th Shaun Wright (44)

LJ 3.36 (153) JT ND 200 30.92 (281) DT 17.61 (261) 1500 6.37.0 (196) Total 891

Best Long Jump Graham Ford (65) 3.69 (502)

Best Javelin Throw Peter Coumaros (54) 32.92 (469)

Best 200 metres David McConnell (62) 28.44 (565)

Best Discus Throw Graham Ford (65) 28.36 (524)

Best 1500 Andrew Egginton (53) 5.03.0 (669)

Results from tonight: Nov 24

1 km 1st Laura McLennan (40) 4:42 2nd Janine James (67) 5:02

2 km 1st Elizabeth Grover (51) 8:48 2nd Matt Scholes (44) 8:48

80 metres 1st Phil Rosevear (65) 11.0 2nd Graham Ford (65) 11.3 3rd Matt Scholes (44) 14.0

150 metres 1st Matt Scholes (44) 20.7 2nd Phil Rosevear (65) 21.3 3rd Graham Ford (65) 21.7 4th Laura McLeannan (40) 26.7

800 metres 1st Matt Scholes (44) 2.26.6 2nd Janine James (67) 4.01.4

Results from tonight: Dec 1

120 metres heat 1 1st Jeffrey Sim (52) 19.0 2nd Tom Leong (73) 20.0 3rd Kay Burnie (62) 22.5 4th Kathy Skultety (73) 22.8

120 metres heat 2 1st Ken Bruce (62) 17.2 2nd Graham Ford (65) 17.3 3rd David McConnell (62) 17.6 4th Shaun Wright (44) 17.7 5th Greg Champion (59) 18.4

200 metres heat 1 1st Jeffrey Sim (52) 34.4 2nd Tom Leong (73) 34.7 3rd Kay Burnie (62) 42.4 4th Kathy Skultety (73) 42.7 5th Carolyn Aughey (72) 57.8

200 metres heat 2 1st Matt Scholes (44) 27.9 2nd David McConnell (62) 28.4 3rd Ken Bruce (62) 30.0 4th Shaun Wright (44) 32.8 5th Greg Champion (59) 33.0

600 metres (estimated time)
1st Matt Scholes (44) 1.40.3 (1.40.0) winner
2nd Paul Durrant (53) 1.49.0 (1.48.0)
3rd Graham Ford (65) 2.01.9 (2.00.0)
4th David McConnell (62) 2.03.5 (2.00.0)
5th Greg Champion (59) 3.03.9 (2.45.0)

2000 metres run 1st Matt Scholes (44) 8.26.5

2000 metres walk Frank Prowse (62) 12.06.4 (venue record)